

**RE- Spring 2**

**What would be a healthy snack for a picnic by the coast?**

**Key Facts**

- A healthy snack must contain a fruit or vegetable.
- You will need a variety of resources to help you make a tasty fruit salad: knife, chopping board, grater and peeler.
- It is very important that you have good hand hygiene before chopping fruit for your fruit snack.

**Key Vocabulary**

**Pictures**

Can you explain these words?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Food			
Diet			
Hygiene			
Ingredients			
Grate			
Squeeze			
Peel			
Weigh			
Fruit			

