















Spring / Summer Menu Week 2

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Whole meal Margherita Pizza & Tomato Pasta Salad 	MSC Fish Fingers & Chips
Main Meal Option 2		Veggie Sausage with Mash & Gravy Vg 		Cheesy Bean Pitta 	
Vegetarian Option 2 (as an alternative to Option 2)	Cheese & Onion Pastry Roll & Home-baked Potato Wedges		Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 		Crispy Vegetable Fingers & Chips Vg
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas, or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham		Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham		Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham
Baked Jacket Potatoes		Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 		Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	
Dessert	Banana Cake Vg & Custard 	Shortbread & Orange Slices Vg 	Hidden Fruit Chocolate Brownie	Flapjack Vg	Chocolate Oaty Slice Vg

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VE

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.