





# Wellbeing and Mental Health

*At St. Thomas' CE Primary School we commit to making it our mission to promote resilience and positive wellbeing for all our pupils, staff, parents and carers.*

*We strive to ensure that mental health is "everyone's business" across the whole school community and aim to provide excellent mental health support, understanding and intervention.*

**If you have any concerns about the welfare of any of our children, staff or parent/carers you can talk to the persons named below.**

	<p><b>Mrs Emma Boardman</b>                  Mental Health First Aider                  Senior Mentor – Pastoral Lead                  0161 432 6809 Ext 3 (Juniors)</p>
	<p><b>Mr Paul Campen</b>                  Wellbeing Lead                  Senior Mental Health Lead                  Mental Health First aider                  Deputy Designated Safeguarding Lead                  0161 432 6809 Ext 2 (Infants)</p>
<p>The following staff are also Mental Health First Aid Champions:</p>	<p>Ms Loynes                  Mrs Bucknor                  Mrs Johnson                  Miss Egan                  Mrs Hadfield                  Miss McGuire</p>

**Volunteers & Visitors must report any concerns to a member of staff. Staff must record their concerns on CPOMS, and inform a Designated Safeguarding Lead.**