









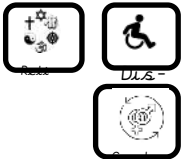


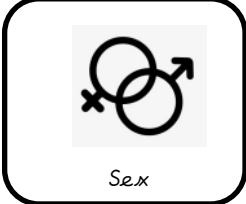
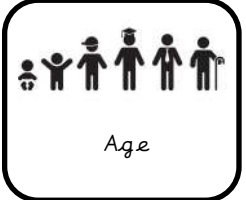




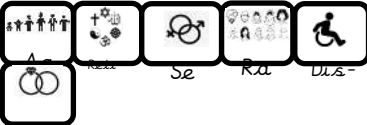
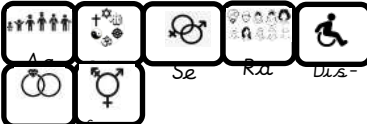







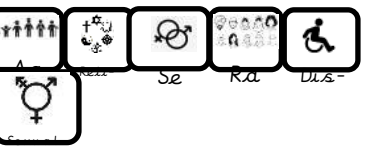
 <p>Autumn 1 <u>Get HeartSmart</u> <i>We have power: Taking ownership of the decisions we make</i></p>	<p>Autumn 2 <u>Don't Forget to Let Love In</u> <i>Self-compassion: Loving and taking care of yourself</i></p>	<p>Spring 1 <u>Too Much Selfie Isn't Healthy</u> <i>Looking out for others: Love & empathy</i></p>	<p>Spring 2 <u>Don't Rub it In, Rub it Out</u> <i>Dealing with emotions: Forgiveness; getting on/ falling out</i></p>	<p>Summer 1 <u>Fake is a Mistake</u> <i>Honesty: Trust & truth</i></p>	<p>Summer 2 <u>No Way Through Isn't True</u> <i>Persevering & growth mindset: Positivity & hope</i></p>
Year 1	<p>Relationships</p> <p>Understanding my choices Class Expectations & Rules Everyone is Unique & Special</p> <p>Restorative Approaches Buddy Day</p>	<p>Relationships</p> <p>Special people & How they show us love</p> <p>Different Friends</p> <p>Restorative Approaches Buddy Day</p> 	<p>Relationships</p> <p>Sharing how I feel Recognising feelings in myself and others Special people in my life</p> <p>Families and Care</p> <p>Restorative Approaches Buddy Day</p> 	<p>Relationships</p> <p>Forgiveness & saying sorry Kind & Unkind words Effects of actions on others</p> <p>Restorative Approaches Buddy Day</p>	<p>Relationships</p> <p>The importance of being yourself Being positive about yourself</p> <p>Restorative Approaches Buddy Day</p>	<p>Relationships</p> <p>Working hard to meet our goals Friendship & support Memories and using the past to help us now. Good secrets & Bad Secrets.</p> <p>Restorative Approaches Buddy Day</p>
	<p>Health & Wellbeing</p> <p>Growing & Changing</p>  <p>Understanding our emotions What we put in our hearts is what comes out.</p> <p>The importance of Hand Washing Smile for a mile</p>	<p>Health & Wellbeing</p> <p>Identifying some ways to take care of ourselves everyday Truth and lies</p> <p>Smile for a mile Safer Internet Day—Assembly</p>	<p>Health & Wellbeing</p> <p>Families and Care</p> <p>Who looks after us? Showing appreciation.</p> <p>Smile for a mile</p>	<p>Health & Wellbeing</p> <p>Staying Healthy</p> <p>Smile for a mile</p>	<p>Health & Wellbeing</p> <p>Medicines</p> <p>Looking after our teeth. Who we can talk to when we are sad or mad.</p> <p>Smile for a mile</p>	<p>Health & Wellbeing</p> <p>Medicines</p> <p>Mental wellbeing is a normal part of daily life, in the same way as physical health. Creating dream boards.</p> <p>Understanding how we are feeling</p> <p>Smile for a mile</p>
	<p>Living in the Wider World</p> <p>Looking after our School How people get money</p> <p>Growing & Changing</p> <p>Classroom Golden Rules / Charter Harvest Festival</p> 	<p>Living in the Wider World</p> <p>Where does money come from? Spending and saving money</p> <p>Different Friends</p> <p>The importance of Recycling</p> 	<p>Living in the Wider World</p> <p>Keeping safe online. Working as a team to reach an end goal. Developing an awareness of our surroundings and the people around us.</p> <p>Families and Care</p> <p>R.E Topic—Joseph</p>	<p>Living in the Wider World</p> <p>Ways to handle disappointment.</p> <p>Minibeast Roadshow</p>	<p>Living in the Wider World</p> <p>Being the best you, you can be. Signs of energy and ways to conserve it.</p>	<p>Living in the Wider World</p> <p>There is potential in all of us.</p>
Year 2	<p>Relationships</p> <p>Understanding my choices What we are grateful for</p> <p>Restorative Approaches Buddy Day</p>	<p>Relationships</p> <p>Understanding a range of emotions</p> <p>Restorative Approaches Buddy Day</p>	<p>Relationships</p> <p>Looking for opportunities to be kind to others. Identifying different behaviours. Feelings can get hurt and the art of listening.</p> <p>Restorative Approaches Buddy Day</p>	<p>Relationships</p> <p>Saying sorry and offering forgiveness. Appropriate and inappropriate behaviours-teasing and bullying Identifying difference.</p> <p>Valuing difference</p> <p>Restorative Approaches Buddy Day</p> 	<p>Relationships</p> <p>Self-positivity – not all thought I have about me are true. Showing good manners and being polite.</p> <p>Male & Female Animals</p> <p>Restorative Approaches Buddy Day</p> 	<p>Relationships</p> <p>Setting goals and recognising what we are good at.</p> <p>Restorative Approaches Buddy Day</p>
	<p>Health & Wellbeing</p> <p>Different food groups</p> <p>Risk</p> <p>The reputations we would like. What is in our hearts?</p> <p>The importance of Hand Washing H6 Smile for a mile</p>	<p>Health & Wellbeing</p> <p>Being positive about me & recognising ways we are unique</p> <p>Hazardous Substances</p> <p>Smile for a mile Safer Internet Day—Assembly</p>	<p>Health & Wellbeing</p> <p>Online Safety</p> <p>Rules for keeping safe</p> <p>Safety Rules</p> <p>Smile for a mile</p>	<p>Health & Wellbeing</p> <p>How holding onto un-forgiveness can make us feel. Ways to deal with hurt & negative emotion.</p> <p>Valuing differences</p> <p>Smile for a mile</p>	<p>Health & Wellbeing</p> <p>Male & Female Animals</p> <p>How emotions feel. Staying safe in the sun.</p> <p>Smile for a mile</p> 	<p>Health & Wellbeing</p> <p>Naming body parts</p> <p>Finding alternative solutions to problems. Overcoming challenges.</p> <p>Smile for a mile</p> 
	<p>Living in the Wider World</p> <p>There is a choice in spending and saving. Expectations when living in the wider community & looking after it.</p> <p>Classroom Golden Rules / Charter Harvest Festival</p>	<p>Living in the Wider World</p> <p>Keeping track of money How to spend money safely Truth & Lies.</p> <p>The importance of Recycling</p>	<p>Living in the Wider World</p> <p>Noticing differences around you People who look after us in our community Looking at how we are the same and how we are different.</p> 	<p>Living in the Wider World</p> <p>Valuing difference</p> 	<p>Living in the Wider World</p> <p>There will never be another one of me.</p> <p>Male & Female Animals</p> 	<p>Living in the Wider World</p> <p>Looking for signs of energy and thinking about ways to conserve it.</p> <p>Naming body parts</p> 

KEY

HeartSmart
SEAL
RSE (CWP resource)
DATE (CWP resource)
Cross Curricular



	Autumn 1 <u>Get HeartSmart</u> <i>We have power: Taking ownership of the decisions we make</i>	Autumn 2 <u>Don't Forget to Let Love In</u> <i>Self-compassion: Loving and taking care of yourself</i>	Spring 1 <u>Too Much Selfie Isn't Healthy</u> <i>Looking out for others: Love & empathy</i>	Spring 2 <u>Don't Rub it In, Rub it Out</u> <i>Dealing with emotions: Forgiveness; getting on/ falling out</i>	Summer 1 <u>Fake is a Mistake</u> <i>Honesty: Trust & truth</i>	Summer 2 <u>No Way Through Isn't True</u> <i>Persevering & growth mindset: Positivity & hope</i>
Year 3	Relationships Giving and accepting compliments All about me: celebrating each other as unique individuals Recognising feelings & emotions Loving others & being kind People I'm grateful for Buddying activities with Y5 class Restorative Approaches 	Relationships Getting On & Falling Out Triggers for anger & ways to calm down Teamwork & peaceful problem solving to resolve conflict Maintaining good friendships Kind words & actions What love is & isn't Anti-Bullying Week or 'Friendship Week' Buddying activities with Y5 class Restorative Approaches 	Relationships Showing love to others Acts of kindness Honouring others for kindness Buddying activities with Y5 class Restorative Approaches 'I asked the little boy who cannot see' (poetry unit) – appreciating differences & diversity 	Relationships Effects of saying sorry Responding to scenarios Benefits of letting go of hurt Trust Challenging stereotypes Buddying activities with Y5 class Restorative Approaches 	Relationships Respecting people's uniqueness & differences Different types of families The real me is best Truth to build strong friendships Buddying activities with Y5 class Restorative Approaches 	Relationships How others feel about us Buddying activities with Y5 class Restorative Approaches 'Iron Man' (English unit of work) – stereotypes and prejudices 
	Health & Wellbeing Transition work to KS2 e.g. orientation of new school site, routines, safety, who is who, who to ask for support, 1 st aid procedures etc... Loving myself Feelings associated to memories Benefits of a healthy lifestyle & risks of an unhealthy lifestyle Use of 'Ask it Baskets'	Health & Wellbeing Bonfire & firework safety Giving & receiving compliments Being positive about myself Being grateful Choices that affect my health Use of 'Ask it Baskets'	Health & Wellbeing Myself as a learner Setting goals Achieving goals Choices & consequences Responding in an emergency Keeping personal info private Use of 'Ask it Baskets' Safer Internet Day	Health & Wellbeing Why people smoke Physical effects of smoking Prevention of smoking Impact of forgiveness Dealing with difficult emotions Use of 'Ask it Baskets'	Health & Wellbeing Appropriate & inappropriate physical contact Consent Who can help & support us Truth instead of shame Appropriate & inappropriate contact Allergies Use of 'Ask it Baskets'	Health & Wellbeing Positive changes Feeling stuck & learning to persevere Importance of resilience Emergency 1 st aid Right attitudes needed to achieve our dreams Managing change well Swimming lessons (including Water Safety) Moving on, moving up (transition activities) Use of 'Ask it Baskets'
	Living in the Wider World Class Charter / Rights & Responsibilities Starting somewhere new & dealing with our feelings School councillor vote British Values Week Black History Month Harvest & Sukkot (RE) – outdoor learning work 10 Commandments - laws and rules (RE) 	Living in the Wider World Encouraging others Remembrance Day Stone Age Day	Living in the Wider World Working together, listening to one another & respecting other's views	Living in the Wider World	Living in the Wider World	Living in the Wider World
Year 4	Relationships Problem-Solving Consequences of actions Loving others & being kind Power of words Growing a desired characteristic Knowing who we can trust Healthy family life Buddying activities with Y6 class Restorative Approaches 	Relationships Getting On & Falling Out Qualities of a good friend Kind words & actions Ways we feel loved Anti-Bullying Week or 'Friendship Week' Buddying activities with Y6 class Restorative Approaches 	Relationships Appreciating our differences Recognising & challenging stereotypes Appreciating & tolerating others Showing love to others Understanding facial expressions & body lang Asking for help Working collaboratively Buddying activities with Y6 class Restorative Approaches 	Relationships Assertiveness Saying sorry, repairing broken relationships Personal boundaries Dealing with online abuse Dealing with difficult emotions Buddying activities with Y6 class Restorative Approaches	Relationships Healthy relationships Importance of honesty & being truthful Kind and unkind voices in our life Dares Buddying activities with Y6 class Restorative Approaches	Relationships Buddying activities with Y6 class Restorative Approaches
	Health & Wellbeing Transition work e.g. routines, safety, who to ask for support etc... Swimming lessons (including Water Safety) Managing feelings in new situations Calming down Loving myself Knowing who we can trust to help us Positive & negative things that affect mental health Use of 'Ask it Baskets'	Health & Wellbeing Bonfire & firework safety Swimming lessons (including Water Safety) Dealing with anger Being positive about myself Celebrating strengths & achievements Positive body image Hand washing Things that affect mental health Use of 'Ask it Baskets' Healthy Eating (D&T) Bikeability	Health & Wellbeing Effective learning & taking responsibility for this Being aware of surroundings and people around you Honouring heroes in the community (H23) Using mobile phones & tablets responsibly Use of 'Ask it Baskets' Safer Internet Day Visit from Dental Health Nurse	Health & Wellbeing Effects of alcohol Alcohol & risk Limits to drinking alcohol Value of forgiveness Good stress, bad stress & managing this Use of 'Ask it Baskets' Visit from Dental Health Nurse	Health & Wellbeing Changes What is puberty? Menstruation Celebrating one another for who we are (not what we do) Risks of smoking Use of 'Ask it Baskets' 	Health & Wellbeing Bacteria & viruses; Stopping the spread Recognising risks; Road Safety; Stranger danger (inc. online) Loss & bereavement Persevering when feeling stuck (endurance & hope) Good habits for reaching our goals Dreaming of the future Moving on, moving up (transition activities) Use of 'Ask it Baskets'
	Living in the Wider World Class Charter / Rights & Responsibilities; Importance of school rules Safe & fair classroom Democracy: Does it solve problems? School councillor vote (links to 'Laws & Law-Making' unit) Role of the Council on local society and its impact. People in community-based jobs and their impact on the local community. British Values Week Black History Month 	Living in the Wider World Remembrance Day	Living in the Wider World Appreciating & tolerating others 	Living in the Wider World River Pollution	Living in the Wider World Child Poverty – Barnardo's 'Street Child' (English unit of work)	Living in the Wider World Looking After the Planet and Habitats

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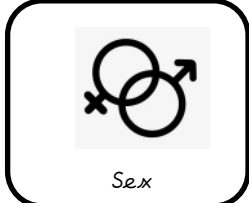
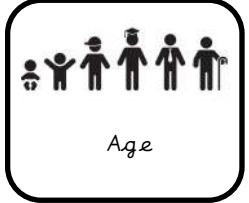
HeartSmart

















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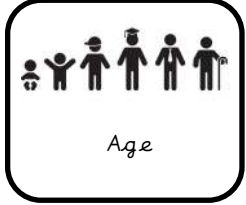
	Autumn 1 <u>Get HeartSmart</u> <i>We have power: Taking ownership of the decisions we make</i>	Autumn 2 <u>Don't Forget to Let Love In</u> <i>Self-compassion: Loving and taking care of yourself</i>	Spring 1 <u>Too Much Selfie Isn't Healthy</u> <i>Looking out for others: Love & empathy</i>	Spring 2 <u>Don't Rub it In, Rub it Out</u> <i>Dealing with emotions: Forgiveness; getting on/ falling out</i>	Summer 1 <u>Fake is a Mistake</u> <i>Honesty: Trust & truth</i>	Summer 2 <u>No Way Through Isn't True</u> <i>Persevering & growth mindset: Positivity & hope</i>
Year 5	<u>Relationships</u> Exploring Feelings Buddying activities with Y3 class <i>There's a Boy in the Girls' Bathroom</i> by Lois Sachar (English unit of work, covering bullying, a range of friendship issues & handling emotions) Restorative Approaches	<u>Relationships</u> Getting On & Falling Out Anti-Bullying Week or 'Friendship Week' Buddying activities with Y3 class as part of Friendship Week Restorative Approaches 	<u>Relationships</u> Showing love and compassion for others Listening to others well Buddying activities with Y3 class Restorative Approaches	<u>Relationships</u> Recognising bullying behaviours and ways to deal with this Buddying activities with Y3 class Restorative Approaches	<u>Relationships</u> Real Love Rocks Resource: Healthy & un-healthy relationships; Ways to be equal & fair in a relationship Lying, being 'fake' Vulnerability & building trust Receiving feedback Buddying activities with Y3 class Restorative Approaches 	<u>Relationships</u> Pick me up, don't put me down Challenging stereotypes Buddying activities with Y3 class Restorative Approaches 
	<u>Health & Wellbeing</u> Transition work e.g. routines, safety, who to ask for support etc... Exploring Feelings Caring for my heart and other people's hearts Appropriate and inappropriate viewing of content online and on TV / making positive choices Importance of sleep & strategies to help, including limiting screen time and turning off devices at night etc... Use of 'Ask it Baskets'	<u>Health & Wellbeing</u> Bonfire & firework safety Kind words and actions to build myself & others up, and how negative words or thoughts can impact me Knowing my value and purpose Responding to pressured scenarios Knowing who can help me Use of 'Ask it Baskets'	<u>Health & Wellbeing</u> Skills and attributes of a learner Learning from our role models Planning to reach a goal and reflecting on learning journey When I'm feeling lonely Sharing appropriately online Swimming lessons (including Water Safety) Use of 'Ask it Baskets' DT cooking, nutrition & seasonality topic "Soup" (hygiene /food prep/nutrition) Safer Internet Day	<u>Health & Wellbeing</u> Dangers of tobacco & alcohol (recap from Y3 & 4) Dealing with peer pressure Legal & illegal drugs - their risks and effects Strategies for resisting drug use 'Habits' and why these can be hard to change Importance of forgiveness (links to Nelson Mandela) Resolving conflict Describing emotions and recognising their importance Healthy ways to respond to mistakes Dealing with negative emotions Swimming lessons (including Water Safety) Use of 'Ask it Baskets' 	<u>Health & Wellbeing</u> Talking about puberty: exploring the physical & emotional changes Male & female reproduction system Impact of puberty on the body Importance of personal hygiene Strategies to help if want to hide Risks of alcohol (recap) Science topic: Animals including humans (links to RSE) Swimming lessons (including Water Safety) Use of 'Ask it Baskets' 	<u>Health & Wellbeing</u> Basic emergency 1 st aid & where to get help Loss & bereavement (links to RE topic 'Loss, Death & Christian Hope') Moving on, moving up (transition activities) Persevering when we feel 'stuck' Internal success & goals Tools for living with hope Looking after myself as I grow up RE Topic: Loss, Death & Christian Hope (links to bereavement work) Use of 'Ask it Baskets'
	<u>Living in the Wider World</u> School councillor vote (links to 'Democracies' unit) Class Charter / Rights & Responsibilities Understanding Rules Creating a Community New Beginnings Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group British Values Week Black History Month 	<u>Living in the Wider World</u> Democracies Me as a Citizen Local councillor visit Allocating council budgets Remembrance Day Geography topic: "South America." Appreciate and celebrate diversity of other cultures. Similarities and differences explored / ways of life... Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group 	<u>Living in the Wider World</u> Showing honour to others Role & purpose of charities Holocaust Memorial Day Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group 	<u>Living in the Wider World</u> Tatton Park Trip (appreciating our British heritage) Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group	<u>Living in the Wider World</u> Impact of unrealistic images Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group, & organise a social enterprise fundraiser for a local and national charity	<u>Living in the Wider World</u> Science Topic: "Life Cycles." Importance of conservation and our role in caring for the planet & endangered animals English: Stories with issues (refugees themed) Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group, & organise a social enterprise fundraiser for a local and national charity 
Year 6	<u>Relationships</u> A Confident Me: Having an opinion & listening to others respectfully Secrets Importance of commitment in marriage or partnership Buddying activities with Y4 class Restorative Approaches <i>Pig Heart Boy</i> by Malorie Blackman (English unit of work covering themes of friendship, betrayal and forgiveness) 	<u>Relationships</u> Getting On & Falling Out Working collaboratively Difference & diversity: How prejudice can be a barrier to friendship Conflict resolution Ways people show me love through kindness Significant events & people in our lives (R4) Anti-Bullying Week or 'Friendship Week' Buddying activities with Y4 class Restorative Approaches 	<u>Relationships</u> Demonstrating love for others All the same, all different Being a good listener Supporting one another Buddying activities with Y4 class Restorative Approaches 	<u>Relationships</u> Strategies to resolves conflict & disputes Power of forgiveness Using tone of voice & body language to communicate Building trust Impact of bullying Buddying activities with Y4 class Restorative Approaches	<u>Relationships</u> Communication in relationships Online relationships Dealing with opinions respectfully Establishing boundaries for respectful relationships Buddying activities with Y4 class Restorative Approaches	<u>Relationships</u> Buddying activities with Y4 class Restorative Approaches
	<u>Health & Wellbeing</u> Transition work e.g. routines, safety, who to ask for support etc... Thinking About Me: Strengths & goals Making Decisions for Me: Informed decisions & consequences Choices that help (not hurt) our hearts Powerful body language Keeping our hearts soft but strong Eatwell plate & planning a healthy meal Use of 'Ask it Baskets' Speed Awareness Course	<u>Health & Wellbeing</u> Bonfire & firework safety Knowing my worth Giving & receiving positive words Cultivating gratefulness Early signs of illness Use of 'Ask it Baskets' Fire Safety workshops	<u>Health & Wellbeing</u> Benefits & dangers of social media Use of 'Ask it Baskets' Safer Internet Day Bikeability	<u>Health & Wellbeing</u> Effects, risks and law relating to cannabis Volatile substances; Abuse & getting help Help, advice & support Choosing forgiveness Strategies to help deal with negative emotions Use of 'Ask it Baskets'	<u>Health & Wellbeing</u> Puberty & reproduction Families, conception & pregnancy Real Love Rocks (Barnardos): Online safety & awareness of online grooming Being proud of who we are Negative & positive self-talk Vaccinations Legal & illegal substances & their risks Use of 'Ask it Baskets' Well-being workshops (prep for SATs) 	<u>Health & Wellbeing</u> Moving on, moving up (transition activities) Persevering when we feel 'stuck' Impact of developing a 'can do' attitude Self-awareness of how we're feeling & why Power of hope Stepping out of comfort zones Use of 'Ask it Baskets'
	<u>Living in the Wider World</u> A Future Me: Skills for jobs A Money-Minded Me: Spending & Saving Class Charter / Rights & Responsibilities School councillor vote British Values Week Black History Month Budgeting (Maths) 	<u>Living in the Wider World</u> Remembrance Day Impact of war on the planet (History/ Geography topics)	<u>Living in the Wider World</u> How the media presents information; Bias in the media; Advertising How people before us have overcome challenges Holocaust Memorial Day 	<u>Living in the Wider World</u> STEM week - organising and facilitating activities for the events	<u>Living in the Wider World</u> Robinwood activity holiday	<u>Living in the Wider World</u> CIST transition workshops—preparation for high school and moving on Leaver's service at Manchester Cathedral and St Thomas' Church Transition days at high schools

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Sexual Orientation



Age



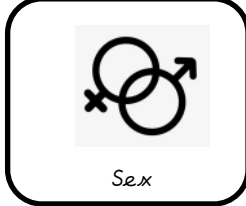
Gender Reassignment



Religion & Belief



Marriage & Civil Partnership



Sex



Pregnancy & Maternity



Race



Disability