










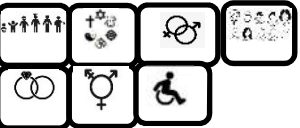







KS1 - Overview of Coverage: PSHE


HeartSmart SEAL RSE (CWP) DATE (CWP) Cross-Curricular Links








	Autumn 1 Get HeartSmart <i>We have power: Taking ownership of the decisions we make</i>	Autumn 2 Don't Forget to Let Love In <i>Self-compassion: Loving and taking care of yourself</i>	Spring 1 Too Much Selfie Isn't Healthy <i>Looking out for others: Love & empathy</i>	Spring 2 Don't Rub it In, Rub it Out <i>Dealing with emotions: Forgiveness; getting on/falling out</i>	Summer 1 Fake is a Mistake <i>Honesty: Trust & truth</i>	Summer 2 No Way Through Isn't True <i>Persevering & growth mindset: Positivity & hope</i>
Year 1	<p>Relationships</p> <p>Understanding my choices Class Expectations & Rules Everyone is Unique & Special R2, R12, R1, R9</p> <p>Restorative Approaches R1, R2, R6</p>	<p>Relationships</p> <p>Special people & How they show us love</p> <p>Different Friends R1, R2, R4, R6, R8</p> <p>R1, R4, R10</p> <p>Restorative Approaches R1, R2, R6</p>   	<p>Relationships</p> <p>Sharing how I feel Recognising feelings in myself and others Special people in my life R1, R2</p> <p>Families and Care R9, R1</p> <p>Restorative Approaches R1, R2, R6</p> 	<p>Relationships</p> <p>Forgiveness & saying sorry Kind & Unkind words Effects of actions on others R6, R7, R11, R14</p> <p>Restorative Approaches R1, R2, R6</p>	<p>Relationships</p> <p>The importance of being yourself Being positive about yourself R1, R5, R4, R2</p> <p>Restorative Approaches R1, R2, R6</p>	<p>Relationships</p> <p>Working hard to meet our goals Friendship & support Memories and using the past to help us now. Good secrets & Bad Secrets. R3, R1</p> <p>Restorative Approaches R1, R2, R6</p>
	<p>Health & Wellbeing</p> <p>Growing & Changing H8, H9, H10, H13, H15</p> <p>Understanding our emotions What we put in our hearts is what comes out. H2</p> <p>The importance of Hand Washing H6</p> 	<p>Health & Wellbeing</p> <p>Identifying some ways to take care of ourselves everyday Truth and lies. H3, H1, H6, H7, H11, H4</p>	<p>Health & Wellbeing</p> <p>Families and Care H13, H14, H15</p> <p>Who looks after us? Showing appreciation. H13, H12</p>	<p>Health & Wellbeing</p> <p>Staying Healthy H1</p> <p>H2, H3, H4, H15,</p>	<p>Health & Wellbeing</p> <p>Medicines H8</p> <p>Looking after our teeth. Who we can talk to when we are sad or mad. H13, H4, H1</p>	<p>Health & Wellbeing</p> <p>Medicines H8</p> <p>Mental wellbeing is a normal part of daily life, in the same way as physical health. Creating dream boards. H3, H4, H15, H9, H2, H5, H3, H4</p> <p>Understanding how we are feeling</p>
	<p>Living in the Wider World</p> <p>Looking after our School How people get money L6</p> <p>Growing & Changing L8, L9</p> <p>Classroom Golden Rules L2</p> 	<p>Living in the Wider World</p> <p>Where does money come from? Spending and saving money L8, L7, L6</p> <p>Different Friends L3, L4, L8, L9</p> <p>The importance of Recycling L5</p>	<p>Living in the Wider World</p> <p>Keeping safe online. Working as a team to reach an end goal. Developing an awareness of our surroundings and the people around us. L4, L1, L3</p> <p>Families and Care L3, L4, L10</p>   	<p>Living in the Wider World</p> <p>Ways to handle disappointment.</p>	<p>Living in the Wider World</p> <p>Being the best you, you can be. Signs of energy and ways to conserve it. L8</p>	<p>Living in the Wider World</p> <p>There is potential in all of us. L1, L4</p>

	Autumn 1 Get HeartSmart <i>We have power: Taking ownership of the decisions we make</i>	Autumn 2 Don't Forget to Let Love In <i>Self-compassion: Loving and taking care of yourself</i>	Spring 1 Too Much Selfie Isn't Healthy <i>Looking out for others: Love & empathy</i>	Spring 2 Don't Rub it In, Rub it Out <i>Dealing with emotions: Forgiveness; getting on/falling out</i>	Summer 1 Fake is a Mistake <i>Honesty: Trust & truth</i>	Summer 2 No Way Through Isn't True <i>Persevering & growth mindset: Positivity & hope</i>
Year 2	<u>Relationships</u> Understanding my choices What we are grateful for R2, R9, R2, R4 Restorative Approaches R1, R2, R6	<u>Relationships</u> Understanding a range of emotions R1, R4 Restorative Approaches R1, R2, R6	<u>Relationships</u> Looking for opportunities to be kind to others. Identifying different behaviours. Feelings can get hurt and the art of listening. R1, R2, R4, R8, R1, R2 Restorative Approaches R1, R2, R6	<u>Relationships</u> Saying sorry and offering forgiveness. Appropriate and inappropriate behaviours- teasing and bullying Identifying difference. R6, R13, R14 Valuing difference R8, R10, R11 Restorative Approaches R1, R2, R6	<u>Relationships</u> Self-positivity – not all thought I have about me are true. Showing good manners and being polite. R1, R4, R12, R8 Male & Female Animals R8, R10, R11 Restorative Approaches R1, R2, R6	<u>Relationships</u> Setting goals and recognising what we are good at. Restorative Approaches R1, R2, R6
	<u>Health & Wellbeing</u> Different food groups Risk H3, H4 The reputations we would like. What is in our hearts? H2, H1 The importance of Hand Washing H6	<u>Health & Wellbeing</u> Being positive about me & recognising ways we are unique H3, H4 Hazardous Substances H3, H4	<u>Health & Wellbeing</u> Online Safety Rules for keeping safe H12, H14, H15 Safety Rules H3, H4	<u>Health & Wellbeing</u> How holding onto un-forgiveness can make us feel. Ways to deal with hurt & negative emotion. H2, H4, H5, H13, H2 Valuing difference H3, H6, H8, H15, H16	<u>Health & Wellbeing</u> Male & Female Animals H10, H9 How emotions feel. Staying safe in the sun. H4, H1	<u>Health & Wellbeing</u> Naming body parts H16, H10 Finding alternative solutions to problems. Overcoming challenges. H3, H4, H1, H2
	<u>Living in the Wider World</u> There is a choice in spending and saving. Expectations when living in the wider community & looking after it. L1 Classroom Golden Rules L2	<u>Living in the Wider World</u> Keeping track of money How to spend money safely Truth & Lies. L3, L8, L6, L7 The importance of Recycling L5	<u>Living in the Wider World</u> Noticing differences around you People who look after us in our community Looking at how we are the same and how we are different. L4, L10, L9	<u>Living in the Wider World</u> Valuing difference L3, L8, L9	<u>Living in the Wider World</u> There will never be another one of me. L8 Male & Female Animals L8, L9	<u>Living in the Wider World</u> Looking for signs of energy and thinking about ways to conserve it. L1, L5 Naming body parts L8, L9

	Autumn 1 New Beginnings Get HeartSmart <i>We have power: Taking ownership of the decisions we make</i>	Autumn 2 Getting On & Falling Out Don't Forget to Let Love In <i>Self-compassion: Loving and taking care of yourself</i>	Spring 1 Going for Goals Too Much Selfie Isn't Healthy <i>Looking out for others: Love & empathy</i>	Spring 2 Smoking (DATE) Don't Rub it In, Rub it Out <i>Dealing with emotions: Forgiveness; getting on/falling out</i>	Summer 1 RSE Fake is a Mistake <i>Honesty: Trust & truth</i>	Summer 2 Changes No Way Through Isn't True <i>Persevering & growth mindset: Positivity & hope</i>
Year 3	<p>Relationships Giving and accepting compliments (R1, R2) All about me: celebrating each other as unique individuals (R1, R2) Recognising feelings & emotions (R1) Loving others & being kind (R2) People I'm grateful for (R4) Buddying activities with Y5 class (R2, R3, R14, L9) Restorative Ap proaches (R1, R2, R6)</p> 	<p>Relationships Getting On & Falling Out (R2, R10, R12) Triggers for anger & ways to calm down (R1, R7, R8) Teamwork & peaceful problem solving to resolve conflict (R10, R11, R12) Maintaining good friendships (R1, R2) Kind words & actions (R2) What love is & isn't (R1, R2, R19) Anti-Bullying Week or 'Friendship Week' (L1, L3, L4, L6, L7, L9, L10, R14, R18) Buddying activities with Y5 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)</p> 	<p>Relationships Showing love to others (R2, R2) Acts of kindness (R7) Honouring others for kindness (R7) Buddying activities with Y5 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)</p>	<p>Relationships Effects of saying sorry (R7, R12) Responding to scenarios (R2) Benefits of letting go of hurt (R12) Trust (R3) Challenging stereotypes (R16) Buddying activities with Y5 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)</p> 	<p>Relationships Respecting people's uniqueness & differences (R13, R17, L3, L4) Different types of families (R4, R5, R6, R19) The real me is best (R2, R7) Truth to build strong friendships (R2, R3, R7) Buddying activities with Y5 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)</p> 	<p>Relationships How others feel about us (R1, H1, H5) Buddying activities with Y5 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)</p>
	<p>Health & Wellbeing Transition work to KS2 e.g. orientation of new school site, routines, safety, who is who, who to ask for support, 1st aid procedures etc... (H8, H15) Loving myself (H1) Feelings associated to memories (H7) Benefits of a healthy lifestyle & risks of an unhealthy lifestyle (H2) Use of 'Ask it Baskets'</p>	<p>Health & Wellbeing Bonfire & firework safety (H10, H11, H21, H23) Giving & receiving compliments (H1) Being positive about myself (H1) Being grateful (H1) Choices that affect my health (H1, H3) Use of 'Ask it Baskets'</p>	<p>Health & Wellbeing Myself as a learner (H5) Setting goals (H1, H5) Achieving goals (H5, R11) Choices & consequences (H2, H5, R7) Responding in an emergency (H15) Keeping personal info private (H22) Use of 'Ask it Baskets' Safer Internet Day (H22)</p>	<p>Health & Wellbeing Why people smoke (H16, H17) Physical effects of smoking (H9, H17) Prevention of smoking (H17) DATE also covers H1, H2, H14, H15, H23 Impact of forgiveness (H1) Dealing with difficult emotions (H1, H7) Use of 'Ask it Baskets'</p>	<p>Health & Wellbeing Appropriate & inappropriate physical contact (H20, R8, R21) Consent (H20, R2, R8, R21) Who can help & support us (H23) Truth instead of shame (H1, H6) Appropriate & inappropriate contact (H1) Allergies (H15) Use of 'Ask it Baskets'</p>	<p>Health & Wellbeing Positive changes (H8, H23, R11) Feeling stuck & learning to persevere (H5, H6, H7) Importance of resilience (H7) Emergency 1st aid (H15) Right attitudes needed to achieve our dreams (H5, H7) Managing change well (H7, H8) Swimming lessons (including Water Safety) (H11, H21) Moving on, moving up (transition activities) (H8) Use of 'Ask it Baskets'</p>
	<p>Living in the Wider World Class Charter / Rights & Responsibilities (L2, L3, L7) Starting somewhere new & dealing with our feelings (H8) School councillor vote (L2) British Values Week (L4, L7 & R13, R17) Black History Month (L3, L4, L6, L11 & R17)</p> 	<p>Living in the Wider World Encouraging others (L8) Remembrance Day (R1, L9)</p>	<p>Living in the Wider World Working together, listening to one another & respecting other's views (L8)</p>	<p>Living in the Wider World</p>	<p>Living in the Wider World</p>	<p>Living in the Wider World</p>

	Autumn 1 Laws & Lawmaking Get HeartSmart <i>We have power: Taking ownership of the decisions we make</i>	Autumn 2 Getting On & Falling Out Don't Forget to Let Love In <i>Self-compassion: Loving and taking care of yourself</i>	Spring 1 I am Special Too Much Selfie Isn't Healthy <i>Looking out for others: Love & empathy</i>	Spring 2 Alcohol (DATE) Don't Rub it In, Rub it Out <i>Dealing with emotions: Forgiveness; getting on/falling out</i>	Summer 1 RSE Fake is a Mistake <i>Honesty: Trust & truth</i>	Summer 2 Keeping & Staying Healthy No Way Through Isn't True <i>Persevering & growth mindset: Positivity & hope</i>						
Year 4	Relationships Problem-Solving (R12) Consequences of actions (R7) Loving others & being kind (R2) Power of words (R7) Growing a desired characteristic (R11) Knowing who we can trust (R21) Healthy family life (R4) Buddying activities with Y6 class (R2, R3, R14, L9) Restorative Approaches (R1, R2, R6) 	Relationships Getting On & Falling Out (R2, R10, R12) Qualities of a good friend (R2, R7) Kind words & actions (R2) Ways we feel loved (R2) Anti-Bullying Week or 'Friendship Week' (L1, L3, L4, L6, L7, L9, L10, R14, R18) Buddying activities with Y6 class (R2, R3, L9) Restorative Approaches (R1, R2, R6) 	Relationships Appreciating our differences (R13, L3, L4) Recognising & challenging stereotypes (R13, R16, R18, L3, L4) Appreciating & tolerating others (R14) Showing love to others (R2, R2) Understanding facial expressions & body language (R1) Asking for help (R12) Working collaboratively (R11) Buddying activities with Y6 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Assertiveness (R2) Saying sorry, repairing broken relationships (R12) Personal boundaries (R21) Dealing with online abuse (R18) Dealing with difficult emotions (H1, H7) Buddying activities with Y6 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Healthy relationships (R2, R3, R4, R10) Importance of honesty & being truthful (R2) Kind and unkind voices in our life (R2, H13) Dares (R15, H10) Buddying activities with Y6 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Buddying activities with Y6 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)						
	Health & Wellbeing Transition work e.g. routines, safety, who to ask for support etc... (H8, H15) Swimming lessons (including Water Safety) (H11, H21) Managing feelings in new situations (H8) Calming down (H1) Loving myself (H1) Knowing who we can trust to help us (H23) Positive & negative things that affect mental health (H1, H14) Use of 'Ask it Baskets'	Health & Wellbeing Bonfire & fireworks safety (H10, H11, H21, H23) Swimming lessons (including Water Safety) (H11, H21) Dealing with anger (H1, H7) Being positive about myself (H1) Celebrating strengths & achievements (H5) Positive body image (H1) Hand washing (H12) Things that affect mental health (H1, H7) Use of 'Ask it Baskets'	Health & Wellbeing Effective learning & taking responsibility for this (H5) Being aware of surroundings and people around you (H23, L7) Honouring heroes in the community (H23) Using mobile phones & tablets responsibly (H24) Use of 'Ask it Baskets' Safer Internet Day (H22)	Health & Wellbeing Effects of alcohol (H17) Alcohol & risk (H9, H17) Limits to drinking alcohol (H17) DATE also covers H1, H2, H14, H15, H23 Value of forgiveness (H1) Good stress, bad stress & managing this (H6) Use of 'Ask it Baskets'	Health & Wellbeing Changes (H18, H19) What is puberty? (H18, H19) Menstruation (H18, H19, H20) Celebrating one another for who we are (not what we do) (H1, H5) Risks of smoking (H17) Use of 'Ask it Baskets'	Health & Wellbeing Bacteria & viruses; Stopping the spread (H12, H20) Recognising risks; Road Safety; Stranger danger (inc. online) (H10, H21) Loss & bereavement (H8) Persevering when feeling stuck (endurance & hope) (H6, H7) Good habits for reaching our goals (H16) Dreaming of the future (H5) Moving on, moving up (transition activities) (H8) Use of 'Ask it Baskets'	Living in the Wider World Class Charter / Rights & Responsibilities; Importance of school rules (L2, L3, L7) Safe & fair classroom (L2, L7) Democracy: Does it solve problems? (L1, L2, L8) School councillor vote (links to 'Laws & Law-Making' unit) (L2) Role of the Council on local society and its impact. (L9, L10) People in community-based jobs and their impact on the local community. (L9, L10) British Values Week (L4, L7 & R13, R17) Black History Month (L3, L4, L6, L11 & R17) 	Living in the Wider World Remembrance Day (R1, L9)	Living in the Wider World Appreciating & tolerating others (L3, L4) 	Living in the Wider World	Living in the Wider World	Living in the Wider World

	Autumn 1 New Beginnings Get HeartSmart <i>We have power: Taking ownership of the decisions we make</i>	Autumn 2 Democracies Don't Forget to Let Love In <i>Self-compassion: Loving and taking care of yourself</i>	Spring 1 Going for Goals Too Much Selfie Isn't Healthy <i>Looking out for others: Love & empathy</i>	Spring 2 Drugs (DATE) Don't Hold on to What's Wrong! <i>Dealing with emotions: Forgiveness; getting on/falling out</i>	Summer 1 RSE Fake is a Mistake <i>Honesty: Trust & truth</i>	Summer 2 1st Aid/Loss & Bereavement No Way Through Isn't True <i>Persevering & growth mindset: Positivity & hope</i>
Year 5	Relationships Exploring Feelings (R1) Buddying activities with Y3 class (R2, R3, R14, L9) <i>There's a Boy in the Girls' Bathroom</i> by Lois Sachar (English unit of work, covering bullying, a range of friendship issues & handling emotions) (R1, R2, R3, R12, R14) Restorative Approaches (R1, R2, R6)	Relationships Getting On & Falling Out (R2, R10, R12) Anti-Bullying Week or 'Friendship Week' (L1, L3, L4, L6, L7, L9, L10, R14, R18) Buddying activities with Y3 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Showing love and compassion for others (R1, R2) Listening to others well (R10) Buddying activities with Y3 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Recognising bullying behaviours and ways to deal with this (R12) Buddying activities with Y3 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Real Love Rocks Resource: Healthy & unhealthy relationships; Ways to be equal & fair in a relationship (R2, R3, R4, R21) Lying, being 'fake' (R2) Vulnerability & building trust (R2, R21) Receiving feedback (R1, R7, R12) Buddying activities with Y3 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Pick me up, don't put me down (R1, R2) Challenging stereotypes (R16) Buddying activities with Y3 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)
	Health & Wellbeing Transition work e.g. routines, safety, who to ask for support etc... (H8, H15) Exploring Feelings (H1, H2, H6, H7) Caring for my heart and other people's hearts (H1, H7) Appropriate and inappropriate viewing of content online and on TV / making positive choices (H2, H4, H13, H22) Importance of sleep & strategies to help, including limiting screen time and turning off devices at night etc... (H2, H24) Use of 'Ask it Baskets'	Health & Wellbeing Bonfire & firework safety (H10, H11, H21, H23) Kind words and actions to build myself & others up, and how negative words or thoughts can impact me (H1, R2) Knowing my value and purpose (H1) Responding to pressured scenarios (H13, H14) Knowing who can help me (H23) Use of 'Ask it Baskets'	Health & Wellbeing Skills and attributes of a learner (H5) Learning from our role models (H5, H13) Planning to reach a goal and reflecting on learning journey (H5, R11) When I'm feeling lonely (H1) Sharing appropriately online (H25) Swimming lessons (including Water Safety) (H11, H21) Use of 'Ask it Baskets' DT cooking, nutrition & seasonality topic "Soup" (hygiene /food prep/nutrition) (H2, H3) Safer Internet Day (H22)	Health & Wellbeing Dangers of tobacco & alcohol (recap from Y3 & 4) (H2, H17) Dealing with peer pressure (H13) Legal & illegal drugs - their risks and effects (H2, H9, H17) Strategies for resisting drug use (H10) 'Habits' and why these can be hard to change (H16) Importance of forgiveness (links to Nelson Mandela) (H2) Resolving conflict (H2, R12) Describing emotions and recognising their importance (H2, H6) Healthy ways to respond to mistakes (H2) Dealing with negative emotions (H2) Swimming lessons (including Water Safety) (H11, H21) Use of 'Ask it Baskets'	Health & Wellbeing Talking about puberty: exploring the physical & emotional changes (H18) Male & female reproduction system (H18, H19) Impact of puberty on the body (H12) Importance of personal hygiene (H18) Strategies to help if want to hide (H14, H7) Risks of alcohol (recap) (H17) Science topic: Animals including humans (links to RSE) Swimming lessons (including Water Safety) (H11, H21) Use of 'Ask it Baskets'	Health & Wellbeing Basic emergency 1st aid & where to get help (H15) Loss & bereavement (links to RE topic 'Loss, Death & Christian Hope') (H1, H6, H8, R1, R2, L12) Moving on, moving up (transition activities) (H8) Persevering when we feel 'stuck' (H6, H7) Internal success & goals (H1, H5) Tools for living with hope (H1, H5) Looking after myself as I grow up (H18) RE Topic: Loss, Death & Christian Hope (links to bereavement work) (H8) Use of 'Ask it Baskets'
	Living in the Wider World School councillor vote (links to 'Democracies' unit) (L2) Class Charter / Rights & Responsibilities (L2, L3, L7, R17) Understanding Rules (L2) Creating a Community (L9) New Beginnings (L9) Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group (L1, L7, L9, L10) British Values Week (L4, L7 & R13, R17) Black History Month (L3, L4, L6, L11 & R17)	Living in the Wider World Democracies (L1, L2, L3, L4, L7, L8, L9) Me as a Citizen (L1, L2, L7, L9) Local councillor visit Allocating council budgets (L15) Remembrance Day (R1, L9) Geography topic: "South America." Appreciate and celebrate diversity of other cultures. Similarities and differences explored / ways of life... (L11, L12) Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group (L1, L7, L9, L10)	Living in the Wider World Showing honour to others (L9, L11) Role & purpose of charities (L10) Holocaust Memorial Day (R14, R18) Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group (L1, L7, L9, L10)	Living in the Wider World Tatton Park Trip (appreciating our British heritage) Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group (L1, L7, L9, L10)	Living in the Wider World Impact of unrealistic images (L17) Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group, & organise a social enterprise fundraiser for a local and national charity (L1, L7, L9, L10, L16)	Living in the Wider World Science Topic: "Life Cycles." Importance of conservation and our role in caring for the planet & endangered animals (L1, L7) English: Stories with issues (refugees themed) (L7, R1) Young Leaders Award tasks & visit to Newlands Care Home or Dementia Friendly Group, & organise a social enterprise fundraiser for a local and national charity (L1, L7, L9, L10, L16)


	Autumn 1 Looking After Myself Get HeartSmart <i>We have power: Taking ownership of the decisions we make</i>	Autumn 2 Getting On & Falling Out Don't Forget to Let Love In <i>Self-compassion: Loving and taking care of yourself</i>	Spring 1 In the Media Too Much Selfie Isn't Healthy <i>Looking out for others: Love & empathy</i>	Spring 2 DATE Don't Rub it In, Rub it Out <i>Dealing with emotions: Forgiveness; getting on/falling out</i>	Summer 1 RSE Fake is a Mistake <i>Honesty: Trust & truth</i>	Summer 2 Moving On, Moving Up No Way Through Isn't True <i>Persevering & growth mindset: Positivity & hope</i>	
Year 6	Relationships A Confident Me: Having an opinion & listening to others respectfully (R10) Secrets (R9, H14) Importance of commitment in marriage or partnership (R5, R19) Buddying activities with Y4 class (R2, R3, R14, L9) Restorative Approaches (R1, R2, R6) 	Relationships Getting On & Falling Out (R2, R10, R12) Working collaboratively (R7, R10, R11) Difference & diversity: How prejudice can be a barrier to friendship (R2, R3, R7, R13, R14, L3) Conflict resolution (R1, R10) Ways people show me love through kindness (R2, H1) Significant events & people in our lives (R4) Anti-Bullying Week or 'Friendship Week' (L1, L3, L4, L6, L7, L9, L10, R14, R18) Buddying activities with Y4 class (R2, R3, L9) Restorative Approaches (R1, R2, R6) 	Relationships Demonstrating love for others (R1, R2) All the same, all different (R13, L11) Being a good listener (R10) Supporting one another (R10) Buddying activities with Y4 class (R2, R3, L9) Restorative Approaches (R1, R2, R6) 	Relationships Strategies to resolves conflict & disputes (R12) Power of forgiveness (R12) Using tone of voice & body language to communicate (R2) Building trust (R9, R21) Impact of bullying (R14) Buddying activities with Y4 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Communication in relationships (R2, R10) Online relationships (R2, R3, R18, R21) Dealing with opinions respectfully (R2) Establishing boundaries for respectful relationships (R3, R10, R18) Buddying activities with Y4 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	Relationships Buddying activities with Y4 class (R2, R3, L9) Restorative Approaches (R1, R2, R6)	
	Health & Wellbeing Transition work e.g. routines, safety, who to ask for support etc... (H8, H15) Thinking About Me: Strengths & goals (H5) Making Decisions for Me: Informed decisions & consequences (H2) Choices that help (not hurt) our hearts (H2, R2) Powerful body language (H6) Keeping our hearts soft but strong (H1) Eatwell plate & planning a healthy meal (H3) Use of 'Ask it Baskets'	Health & Wellbeing Bonfire & firework safety (H10, H11, H21, H23) Knowing my worth (H5) Giving & receiving positive words (H5) Cultivating gratefulness (H1) Early signs of illness (H15) Use of 'Ask it Baskets'	Health & Wellbeing Benefits & dangers of social media (H22, H24) Use of 'Ask it Baskets' Safer Internet Day (H22) Bikeability (H10, H11)	Health & Wellbeing Effects, risks and law relating to cannabis (H17) Volatile substances; Abuse & getting help (H9, H17) Help, advice & support (H13, H17) DATE also covers H1, H2, H14, H15, H23 Choosing forgiveness (H1) Strategies to help deal with negative emotions (H1, H7) Use of 'Ask it Baskets'	Health & Wellbeing Puberty & reproduction (H18, H19) Families, conception & pregnancy (H19, R4) Real Love Rocks (Barnardos): Online safety & awareness of online grooming (H4, H10, H11, H13, H14, H21, H22, H23, H25) Being proud of who we are (H1, H6, R16) Negative & positive self-talk (H1, H6, H7) Vaccinations (H12) Legal & illegal substances & their risks (H17) Use of 'Ask it Baskets' 	Health & Wellbeing Moving on, moving up (transition activities) (H1, H6, H7, H8, H11, H24) Persevering when we feel 'stuck' (H6, H7) Impact of developing a 'can do' attitude (H1, H5, H7) Self-awareness of how we're feeling & why (H2, H16) Power of hope (H1, H7) Stepping out of comfort zones (H8, H9) Use of 'Ask it Baskets'	
	Living in the Wider World A Future Me: Skills for jobs (L16, H15) A Money-Minded Me: Spending & Saving (L12, L13, L15) Class Charter / Rights & Responsibilities (L2, L3, L7) School councillor vote (L2) British Values Week (L4, L7 & R13, R17) Black History Month (L3, L4, L6, L11 & R17) 	Living in the Wider World Remembrance Day (R1, L9)	Living in the Wider World How the media presents information; Bias in the media; Advertising (L17, L18) How people before us have overcome challenges (L11) Holocaust Memorial Day (L17, L18, R14, R18) 	Living in the Wider World	Living in the Wider World	Living in the Wider World	

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KEY
 - HeartSmart
 SEAL
 RSE (CWP resource)
 DATE (CWP resource)
 Cross Curricular




Sexual Orientation



Age




Gender Reassignment



Religion & Belief



Marriage & Civil



Sex



Pregnancy & Maternity



Race



Disability