



# HOME-SCHOOL INSPIRATION



If you can't go out, why not travel the world from home?

This week we travel to Nepal.

## Mount Everest



Mount Everest is part the Himalayas and is the highest mountain on Earth. It sits on the border between Nepal and China and is more than 5 miles high. It would take more than 276 blue whales, the biggest animals on Earth, stacked nose to tail to reach that height!

<https://youtu.be/xXo46KlqW78>

## Hinduism

Hinduism is the main religion of Nepal. It is over 4,000 years old, making it one of the world's oldest religions. It is made up of a variety of different religious beliefs and practices. It originated near the Indus River in India. The name 'Hindu' comes from the word Indus.



Click to find out more.



## Flag of Nepal

Click here

Nepal has the only national flag in the world that is not rectangular or square! Find out more here:

<https://youtu.be/GU-YSpOzI50>

## नेपाली Nepali

Learn to count in Nepali [here](#).



## Instruments



Click

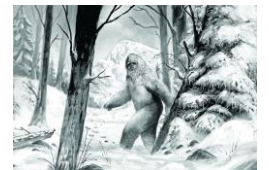
It is believed that there are about 200 types of original musical instruments in Nepal. Click on the picture to find out how to make a Nepalese drum.

## The Yeti

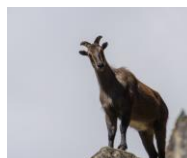
The Yeti is said to live and to have been spotted in the Himalayas in Nepal. It is a mysterious creature similar to North America's Big Foot and has been reported by many who have hiked the paths in these mountains. Sir Edmund Hillary himself led a 1958 expedition to find the Yeti, with no success.

Story: <https://youtu.be/c9arBNNwmLU>

Make your own Yeti: <https://www.artycraftyki.club/the-thing-about-yetis/>



## Animals



Nepal's varied wildlife includes tigers, leopards, deer, rhinoceroses, and musk deer. Nepal is one of the few places where the endangered great Indian rhinoceros still lives. In the past the animal was hunted so heavily that it almost completely died out. The rhinoceros is now protected by law.

<https://www.worldatlas.com/articles/10-animals-found-in-nepal.html>

## Find out more...

- Who was Siddhartha Buddha and where is it thought he was born?
- Find out about the Himalayan Sherpas.
- The traditional greeting in Nepal is Namaste, what does it mean?
- Find out about the Nepalese festival [Kukur Tihar](#).

**There are no limits to what you can discover!**



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