# Diversity Services Promoting

# HOME-SCHOOL INSPIRATION

# If you can't go out, why not travel the world from home? This week we travel to Poland.



#### National Flower

The national flower of Poland is a Red Poppy, it is also known as a corn poppy. Can you have a go at making or drawing some poppies?



https://www.youtube.com/watch?v=UhjcmUD5rCA

https://www.youtube.com/watch?v=fismjznSDI0

#### Sto lat

Sto lat means 100 years.

This traditional Polish song is sung to express good wishes, good health and long life. It is also a common way of wishing someone a happy birthday in Polish.

You can have a go at learning the song. https://www.youtube.com/watch?v=FbY8KvNyOR4

#### Marie Curie

Marie Curie was a famous Scientist born in Warsaw in 1867. In 1903, she became the first woman to be awarded the Nobel Prize in Physics for her work in radiation.



Find out more about her life and work by taking part in this short quiz:

https://www.ducksters.com/biography/women\_l eaders/marie\_curie.php

#### Polish



Can you learn some Polish songs and rhymes? https://www.mamalisa.com/?lang=Polish&t=el

## The Wewel Dragon

This is a well-known Polish folktale about a dragon. The dragon lived in a cave under Wawel Hill in the city of Kraków.

You can read the story here: <a href="https://kids.kiddle.co/Wawel Dragon">https://kids.kiddle.co/Wawel Dragon</a>

Follow this link to find out more about the Wawel Dragon and many facts about Poland:

https://www.funkidslive.com/learn/learnpolish/baron/whats-smok-wawelski-and-where-is-itin-poland/#

Can you have a go at making a Wawel Dragon? Here are some ideas to get you started!







# Gwiazdy Art

Gwiazdy means "star" in Polish.

Many Polish children enjoy this traditional paper craft which originated from the Kurpie and Lowicz regions of Poland.



Can you have a go?

https://www.dltk-kids.com/world/mgwiazdy.html

## Find out more ...

- Do you know which continent Poland is in?
- How many countries share a border with Poland? Can you name them?
- What is the capital city of Poland?

There are no limits to what you can discover!

