

If you can't go out, why not travel the world from home?

This week we travel to Mexico



Piñatas

Piñatas are sweet and toy filled containers often made of papier-mâché, pottery, or cloth which are broken as part of a celebration. The traditional shape of the piñata is the six-pointed star; although today, any shape is used eg. animals, plants, flowers etc. The clay pot or 'olla de barro', that goes inside contains the sweets or small toys. At a fiesta (celebration), the piñata suspends from above while blindfolded children try hitting it with a stick. Around the piñata the children sing:

Dale, dale, dale, No perdas el tino, Porque so lo perdes, pierdes el camino.

Hit it, hit it, hit it, don't lose your aim. 'Cause if you lose it, you'll lose your way!

Can you make a piñata? You can make one using a paper bag or large envelope at:

https://www.dltk-kids.com/World/mexico/simple_paper_bag_pinata.htm or a bigger card version at: https://www.youtube.com/watch?v=yWt1tt5cxyz&feature=emb_logo

Food, Glorious Food

The main foods in Mexico were corn, beans, squash and chili peppers, but when the Spanish conquered the Aztec Empire, they brought new foods. The most important of which were meat, dairy products (especially cheese) and various herbs and spices.

Today, Mexican food is enjoyed across the world.

What is your favourite Mexican dish?

Have you tried Quesadillas or enchiladas? Click on the pictures for instructions:



You might want to make salsa or guacamole too. There are lots of recipes on the Internet to help with this. Eat with tortilla chips for a tasty snack.

La Gallinita Ciega - The Blind Hen

A popular Mexican game with children in Mexico. It is like blind man's bluff. To play this game, you need 2-3 people (only people in your bubble or family).



Begin by choosing the person who will be "la gallinita ciega", blindfold them so that they cannot see. Turn the little hen (blindfolded person) round 5 times. They must find and tag each player while blindfolded. The other players may move around and use their voices to hint at their location, perhaps squawking like a chicken? You are out when the hen tags you, the game continues until all the players have been caught. Be careful of furniture... be kind as you play - and have fun.

Hola, ¿qué tal?

Spanish is spoken in Mexico. Why not learn a few Spanish phrases and practise using them at home? <https://www.duolingo.com>

In Spanish, can you say... My name is

Find out more...

- Do you know where to find Mexico on a map or globe? Which countries share a border with Mexico?
- What does the flag look like? What is Mexico's capital city and currency?
- Frida Kahlo is a famous Mexican artist. Find out about her [here](#).
- Make Frida Kahlo inspired art using flower petals, leaves and a photo.



There are no limits to what you can discover!

Día de los Muertos

The Day of the Dead is a Mexican holiday celebrated in Mexico and elsewhere. It is connected to Catholic celebrations of All Saints' Day and All Souls' Day and is held on November 1st and 2nd. This multi-day holiday involves family and friends gathering to pray for, and to remember friends and family members who have died. It a day of celebration rather than sadness.

Read more about it [here](#). Colour a Sugar Skull piece of art click [here](#) or design your own, using the blank template [here](#).

