



Thursday 23.01.2020

Dear Parent Carer,

Just a quick note to let you know that Children's Mental Health Week will be taking place during the week of 3rd – 9th of February 2020.

During this week your child will be engaged in some age appropriate discussions and possible follow up activities around the issue of their own mental health. The theme this year is 'Find your Brave'

I have included as an attachment with this letter some information for parents and carers that you might find useful if you wish to raise the issue of mental health with your child. I will also put the resources/link on the school website in the Wellbeing section.

Kind Regards,

Mr Campen

St Thomas' CE Primary School

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