

St Thomas' CE Primary School

PRIMARY PE, SPORT AND PHYSICAL ACTIVITY PREMIUM

December 2017

The terms of the funding state that schools must publish details of how they spend their premium. This must include:-

- The amount of premium received
- A full breakdown of how it has been spent (or will be spent)
- The impact the school has seen on the pupils' participation and attainment in PE, sport and physical activity, against the 5 indicators from the DfE.
- How the improvements will become sustainable

PE and Sport Premium - The Facts

The Premium is allocated to primary school head teachers and is ring-fenced; therefore can only be spent on improving the quality of PE, sport and physical activity provision in schools and making these sustainable.

Sports Premium has doubled this year - schools with 17 or more pupils will receive £16,000 plus an additional payment of £10 per pupil. **St Thomas' CE will receive a total of £19,300 in PE and Sport Premium money.**

How to use the PE and Sport Premium.

The Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.

The remainder of this document demonstrates how St Thomas' CE will be spending the PE and Sport Premium. Our focus as a school will be on:

- Embedding physical activity into the school day through active travel to and from school, active playgrounds and active teaching
- Providing staff with professional development, mentoring, training and resources to help them teach PE more effectively
- Introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities

We will also consider:

- The developmental for our school and our pupils now and why?
- Reflect on previous spend, and identify current need and priorities for the future.

KEY INDICATOR 1: The engagement of all pupils in regular physical activity – The Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.

St Thomas' will be engaging ALL of our children in 30 active minutes of physical activity every day. This can include timetabled PE, or breaks or lunchtimes. This can be physical activity that is at least done at a moderate pace and includes any activity that not only has a health benefit but is shown to benefit academic achievement, behaviour and attention. It can take the form of an active curriculum, short sharp bursts of exercise.

- Smile for a Mile
 To be implemented from January 2018. Each class to partake in the mile run (4 laps of the football pitches at KS2) 2 / 3 times per week just before morning playtime. Class teacher to supervise.
 No additional cost to the school.
- Active lessons eg. Maths of the Day/Active classrooms
 This is already happening on a daily basis in EYFS, however, will be rolled out across all classes during the Spring and Summer Term of 2017/2018 academic year. Evidence of this can be found on individual teachers planning.
 No additional cost to the school.
- SK2 Sports Ambassadors to lead sessions on a Thursday lunchtime for LKS2 pupils
 Rolling programme of events based around the "Going for Gold" programme designed by the SSP. Lindsay Page is the coordinator for this.
 No additional cost to the school.
- Intervention programmes eg. Girls and Boys Active
 8 x year 5 pupils attended the Girls Active Day on 23/11/17 (boys will have the same opportunity in February 2018). Girls Active programme to commence during Spring 2, a 6 week unit of work aimed at "Key children" - 30mins / week of dance / Zumba.
 Cost of PSCL Dance coach for 30min session / week
 £25 per session x 8 weeks = **£200.00**
 Cost of 'Ultimate Frisbee' coach for 10 x 1 hour session
 10weeks x £20 per session= **£200.00**
- Active travel—scoot/walk/cycle to school
 Whole school approach to active travel, walking to school encouraged via 'Walk to school weeks' etc
 No additional cost to the school.
- Forest Schools teacher employed and trained.
 Whole school will have the opportunity to take part in forest school sessions. With extra session being offered to less active children as interventions.
 Course £900
 Cost of Forest School teacher (2days per week) £6517
 Total **£7417**
- Lunch Sports Coaches from PSC
 Both sites will have a lunchtime sports coach that will target a specified group of inactive children (4 days at the junior site and 3 days at the infant site). This group of children will be given a name and they will engage in sports games for at least 30mins per lunch time.
 Costings to be confirmed by PSC for the extra coaches (coaches to start with extra sessions summer 2)
 3 x weekly sessions at KS1 £120 x 38 = £4560
 5 x weekly sessions at KS2 £200 x 38 = £7600

Total £12,160

Before school Zumba club

Open to all children from 8:30 at the junior site. Specific children will be targeted and encouraged to take part. The session will last for 15 minutes and will be ran by Kerry from PSCL.

Costings sports coach for 15mins x5 Weekly (38 weeks per year)

£18 per week x 38= £684

Key achievements to date

- All classes are involved in the 'Smile for a Mile' 3 times per week. Junior staff have implemented a 'Beat your own record' initiative. Children are very engaged and motivated to beat their PB. All children at the infants take part in 'Smile for a Mile' with positive results. All staff have reported an increase in work rate and calmer classrooms post 'Smile for a Mile'. Targeted children have also improved their PB.
- All teachers are implementing active lessons into their planning. I have observed teachers using active lessons particularly in maths.
- Two groups of children have taken part in 10 week courses to increase their activity. Children included in the group are those who don't participate in any extracurricular activities in or out of school. Children were introduced to sports that they haven't done before and also learned about the importance of exercise for your physical and mental wellbeing. Increase pupil awareness of opportunities available in the community
- We took part in 'Walk to School Week' where children were encouraged and rewarded for walking/cycling/scooting to school. We encouraged children to keep on doing it after 'Walk to School week' had finished.
- Both sites have a lunchtime sports coach that target a specified group of inactive children (5 days at the junior site and 3 days at the infant site). This group of children have been called 'Super 8' and engage in cooperative, physical games and activities.
- All children have the opportunity to take part in a daily 'Wake Up and Shake Up' before school. The children can arrive early to school and session takes place on the junior MUGA) The session lasts for 15 minutes and is ran by Kerry from PSCL.
- All junior children now attend a ½ day forest school session for 10 weeks out of the year.
- Children identified as 'Key Children' attend weekly intervention sessions lead by VG in the forest schools area. Increasing their activity significantly.

Areas for further improvement (including baseline evidence of need)

- See active lessons in all areas of the curriculum. Observe lessons with a specific focus on 'Active Lessons' which isn't PE.
 - Toni and Annabel to attend 'Maths of the Day' course and then feedback to staff in a staff meeting to give them resources and activities they can use.
 - This coming year we are also going to train our year 2 children to be 'Young Sports Ambassadors' so that we can use them at both sites.
 - Encourage children to continue their participation in sports and active activities outside of school hours. We will introduce children to different sports that they could try to increase the chance of them staying involved (ultimate Frisbee, underwater hockey)
 - For more children to walk to school throughout the year (Wow walk to School project, living streets).
 - EYFS and KS1 children to attend forest school sessions.
 - EYFS to arrange 'Welly Walks' to our forest schools area.

School focus + Actions to Achieve

- Celebrate the success of school teams in assembly, have a 'Wall of Fame' at key stage 2 to celebrate children taking part and their achievements.
- Include mini reports in the newsletter of recent sporting events.
- Increase the school participation in sporting events ran by SSP.
- All staff to become involved in the participation of sporting events.

How can you make sustainable?

- Take part in the 'Wow, walk to school' project to highlight the importance of physical activity all year round.
- The range of extracurricular opportunities is increased and included those requested by pupils
- The extracurricular opportunities include those for our SEND pupils which responds to their wants and needs
- Engage or re-engage disaffected pupils
- Increase school / community club links
- PE, physical activity and school sport, have a high profile and are celebrated across the school
- Funding to continue so that we can carry on with the super 8 project.

KEY INDICATOR 2: The profile of PE and sport is raised across the school as a tool for whole school improvement

What does this mean?

At St Thomas' we aim to use the Primary PE, sport and physical activity Premium to support our Focussed priorities.

These focussed priorities are:

- To develop the effectiveness of leadership and management.
- To continue to raise the standard and quality of teaching and learning and assessment.
- To develop the levels of personal development, behaviour and welfare within school.
- To continue to improve outcomes for children and learners through.

Suggested programmes/actions to achieve:-

- Further **develop the Middle Leadership skills** of Toni Brokenbrow who is new to the role of PE Coordinator, with respect to raising standards in their key areas. TB to attend all training and development sessions run by the SSP to ensure she is fully equipped for her new role.
- Further **develop the role of our KS2 Sports Ambassadors** within KS2. Sports Ambassadors have all now received training and are fully equipped to carry out lunchtime activities with lower KS2 pupils under the supervision and guidance of Lyndsey Page.
- Implementation of the **PE Passport App** as a tool for planning and assessment of challenging curriculum for both dance and gymnastics
- To maintain **high levels of attendance and punctuality**, especially with respect to disadvantaged pupils to enable them to fully access the curriculum. This will be linked to the way in which pupils travel to school, encouraging children to travel to school on foot / bike / scooter etc.
- To further **develop Growth Mindset principles** throughout school to further encourage resilience and independence.
- To continue to **embed Restorative Approaches** throughout all areas of the school curriculum, this includes lunchtimes and after school clubs.
- To ensure that After School and lunchtime Sports Clubs are available to all who wish to participate, and look at 'barriers' to pupils attending. **From Easter 2018 (possibly earlier), school will employ 2 sports coaches, one to be based on each site, 4 days a week to target 'key children' and get them involved in more physical activity, Until Easter 2018, there will be 1 coach split between the 2 sites.**
(cost to be confirmed)

<p>Key achievements to date</p> <ul style="list-style-type: none"> • All coaching staff are now familiar with the growth mindset approach we are using in school and incorporate these within their lessons as do teaching staff when teaching gymnastics and dance. • We took part in 'Walk to School Week' where children were encouraged and rewarded for walking/cycling/scooting to school. We encouraged children to keep on doing it after 'Walk to School week' had finished. • Both sites have a lunchtime sports coach that target a specified group of inactive children (5 days at the junior site and 3 days at the infant site). This group of children have been called 'Super 8' and engage in cooperative, physical games and activities. 	<p>Areas for further improvement (including baseline evidence of need)</p> <ul style="list-style-type: none"> • This year will introduce the role of sports ambassadors to the infant children. 6 x year 2 children be trained and then use their skills during lunchtimes. A timetable will be set up for children to lead different activities on different days at lunchtimes under the supervision of Toni Brokenbrow. • A new set of year 5 children will be trained as sports ambassadors under the supervision of Annabel Swindells . • Further develop the Middle Leadership skills of Annabel Swindells who is new to the role of PE Coordinator, with respect to raising standards in their key areas. AS to attend all training and development sessions run by the SSP to ensure she is fully equipped for her new role. • For more children to walk to school throughout the year (Wow walk to School project, living streets).
<p>School focus + Actions to Achieve</p> <ul style="list-style-type: none"> • Infant ambassadors trained and carrying their role out at lunchtimes. • New junior ambassadors trained and carrying their role out at lunchtimes. • Launch the 'Wow' walk to school project by November 2019. 	<p>How can you make sustainable?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Utilise existing school staff to deliver clubs eg. TA's, lunchtime staff, reliable young leaders, targeting poor attenders, PP and 'key children'. <input type="checkbox"/> Build active classrooms into the school culture <input type="checkbox"/> Young Ambassadors awards for lower KS2 pupils <input type="checkbox"/> Offer a wide range of sporting after school clubs to children on both sites— 'something for everyone'.

KEY INDICATOR 3: Increased confidence, knowledge and skills of all staff in teaching PE and Sport

<p>What does this mean?</p> <p>As a staff we have reviewed the quality of the teaching of PE by teachers in school and considered the best method of upskilling/CPD.</p> <p>We have reviewed supporting resources such as schemes of work and equipment to aid quality delivery.</p> <p>Targets around the delivery of PE may form part of Performance Management where necessary.</p>	<p>Action.</p> <p>We have purchased the PE Passport and this is now the new scheme of work that all staff follow for the delivery of indoor PE. This ensures continuity across all classes / year groups and is a means of assessing pupils attainment / progress over the years.</p> <p style="text-align: center;"> Cost PE Passport app £500—purchased in July 2017 </p> <p>On-going lesson observations of both indoor and outdoor (provided by PSCL coaches) to ensure high quality delivery of PE in all areas. Observations to be carried out by KM (Headteacher, PC and LL (deputy Headteacher) and TB (PE coordinator)</p> <p style="text-align: center;">Cost of supply cover for TB whilst observing lessons.</p>
<p>Key achievements to date</p> <ul style="list-style-type: none"> • All teachers are confident in using the PE Passport and can record evidence on the iPads. • Progress is evident as you move through the school (seen in observations of EYFS, infant and junior lessons). • 	<p>Areas for further improvement (including baseline evidence of need)</p> <ul style="list-style-type: none"> • Effect assessment procedure put into place for all areas of the PE curriculum (already created by TB, will be delivered to staff Aut 2018). • All staff being introduced and understanding the new assessments. • All staff and PSCL coaches using and updating the new assessments regularly.

School focus + Actions to Achieve

- Implementing the new assessment frameworks.
- The new assessment frameworks being used consistently.

How can you make sustainable?

- Communication with staff about new updates on PE passport.
- Regular meetings about assessment.
- TB and AS to look at assessment being done throughout school.

KEY INDICATOR 4: Broader experience of a range of sports and activities offered to all pupils

What does this mean?

As a staff we have reflected on our current extra-curricular Sports on offer and the range of sports.

We use the PE passport App and PSCL registers to monitor those children who attend on a regular basis, we found that in many cases the same children are attending many clubs.

As a result of this we chose to change the format of our after school clubs, mixing up year groups and ages and making the vast majority of clubs open to all year groups. We also used pupil voice to add in additional lunchtime clubs for pupils unable to attend after school sports clubs for varying reasons.

Programmes / actions to achieve:-

- Girls/Boys Active intervention programmes

Girls Active programme to commence in January 2018.

Boys Active programme to commence in March 2018.

£200 to be spent on Girls Active Club

£200 to be spent on Boys Active Club

- Virtual/BE INSPIRED festivals/competitions

Virtual festivals and competitions to be held and entered throughout the year with the support of the SSP. BE INSPIRED competition is ongoing and linked to the role of put Sports Ambassadors.

- Sports/health/activity weeks

A possibility in Summer 2018.

- Club links

St Thomas' already has strong links with local clubs, we regularly have coaches from local clubs coming into school to lead assemblies / sessions with our children.

School Club Links are ongoing. New link made with Blacksheep Ultimate Frisbee who are delivering sessions to year 5 boys. School has a link with Manchester City, we regularly attend football tournaments.

- Secondary leaders running sessions in primary school

- Infant festivals

KS2 regularly attend sports festivals across the borough... St Thomas' aims to promote competition in KS1 and make 'Infant Festivals' more accessible for our children—whether this be in the format of taking whole classes to festivals in the local area, or holding our own festivals at St Thomas'.

- Young Ambassadors

Set up by Lyndsey Page in October 2017 and aiming to roll out 'active lunchtimes' for children in LKS2

- Lunchtime Sports Coaches

Providing a range of activities to children who don't normally participate in sports or

activities.

Forest School

Miss Grogan will deliver Forest School **experiences** to Year 3 and 4 for 10 weeks at a time per class as from September 2018 until May 2019. Aside from Forest School, Miss Grogan will work throughout KS2 to provide outdoor learning interventions for identified children.

Key achievements to date

- The range of extracurricular opportunities is increased and included those requested by pupils
- The extracurricular opportunities include those for our SEND pupils which responds to their wants and needs
- Engage or re-engage disaffected pupils (super 8)
- Data showing the number of children that attend an (one or more) after school PSCL sports club held at St Thomas' CE.

Year 6 – 38%

Year 5 – 56%

Year 4 – 62%

Year 3 – 65%

Year 2 – 60%

Year 1- 42%

EYFS - 30%

Increase in participation in all year groups except year 1.

- 10 boys from year 5 participated in a 10 week course which was ran after school on ultimate Frisbee (funded by school). 2 boys have attended ultimate Frisbee sessions outside of school.
- Identified groups have been using the forest schools area with the supervision of VG.

Areas for further improvement (including baseline evidence of need)

- Engage children in year 1 to afterschool sports clubs.
- KS1 and EYFS to use the Forest Schools area on a more regular basis (summer 2019).

School focus + Actions to Achieve

- EYFS and KS1 attending forest school sessions/welly walks.

How can you make sustainable?

- Train staff in school to deliver alternative activities in order to staff a club.
- Explore local club links to widen provision
- Utilise on line resources to deliver alternative activities eg. Investing in Decathlon primary archery boards and access free activity cards www.yourschoolgames.com

KEY INDICATOR 5: Increased participation in competitive sport

<p>What does this mean?</p> <p>In July 2017, St Thomas' was awarded the GOLD School Games Mark. As a school we will be continually looking at the criteria to ensure we are still meeting the expectations of this kite mark. A key indicator of this who represents school in competitive sport and the cross section of children who play sport for school.</p>	<p>Programmes/actions to achieve:-</p> <ul style="list-style-type: none"> <input type="checkbox"/> Use the SSP competition and events calendar to offer competitive opportunities across all age and ability ranges including SEND pupils. <input type="checkbox"/> School Challenge—increase level 1 offer and engage with level 2 as above <input type="checkbox"/> School Games pathway <input type="checkbox"/> BE INPSIRED/virtual/Young Ambassador festivals <input type="checkbox"/> School to club links support and certification <input type="checkbox"/> Sport specific coaching programmes and development days
<p>Key achievements to date</p> <ul style="list-style-type: none"> • Year 2 and 6 participated in MCFC football festivals. • SEND competitions where attended regularly and our team reached the Boccia final. • We won the Stockport award for 'participation in school sports'. 	<p>Areas for further improvement (including baseline evidence of need)</p> <ul style="list-style-type: none"> • Attend more competitive competitions ran by SSP (funding for transport needed). • More competitive aspects included in sports day? • Staff attendance at afterschool sporting events.
<p>School focus + Actions to Achieve</p> <ul style="list-style-type: none"> • Attend more competitions ran by SSP • All staff to see the SSP calendar. 	<p>How can you make sustainable?</p> <ul style="list-style-type: none"> <input type="checkbox"/> Look at SSP calendar and variety of activities on offer <input type="checkbox"/> Consider establishing friendly competitions with neighbouring schools that you can walk to. <input type="checkbox"/> Pupil voice

PRIMARY PE, SPORT AND PHYSICAL ACTIVITY PREMIUM

Meeting the National Curriculum requirements for swimming and water safety—what schools need to report on.

What % of your year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25m when they left your primary school at the end of last academic year?

33/39 pupils = **85% 2017**

49/51 pupils = **96% 2018**

What % of your year 6 pupils could use a range of strokes effectively (eg. Front crawl, backstroke and breaststroke) when they left your primary school at the end of last academic year?

27/39 pupils = **69% 2017**

43/51 pupils = **84% 2018**

What % of your year 6 pupils could perform safe self-rescue in different water– based situations when they left your primary school at the end of last academic year?

33/39 pupils = 85% 2017

43/51 pupils = 84% 2018

Schools can choose to use some of the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum Requirements.

We have used some of our Primary PE and Sport Premium to transport a number of children to **Swimming Competitions** held by the SSP.

From September 2017, St Thomas' will structure it's school swimming sessions as follows:

- Autumn term - ALL year 4 pupils will go swimming (2 Swimming teachers paid for)
- Spring term - ALL year 3 pupils will go swimming (2 swimming teachers paid for)
- Summer term 1 – ALL year 5 pupils will go swimming (2 swimming teachers paid for)
- Summer term 2 - Year 5 and Year 6 NON SWIMMERS ONLY (2 swimming teachers paid for) - depending on the number of non swimmers that this is, year 4 Non Swimmers will also go to.

The same system will be used for 2018-2019 as it as shown to have a great impact of levels of children who can swim 25m when leaving primary school.